

## Weekly Sermon Discussion Guide

May 26, 2019

### *Nothing For Granted*

#### Psalm 100

#### EXPLORING THE SERMON

- What did you hear?
- What did you think or feel about what you heard?
- What is one thing you can take away from the sermon this week?

#### KEY VERSES

*Make a joyful noise to the LORD, all the earth. Worship the LORD with gladness; come into his presence with singing. Know that the LORD is God. It is he that made us, and we are his; we are his people, and the sheep of his pasture. Enter his gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name. For the LORD is good; his steadfast love endures forever, and his faithfulness to all generations. Psalm 100*

#### DISCUSSION AND REFLECTION

In Psalm 100, the whole earth is called to worship and serve the living God. The psalmist urges to praise God, because we belong to Him. The belief that God is good draws us into praise. The word “good” has a wide meaning in our world today, and it is typically tied to performance and behavior.

**What does “God is good” mean to you?**

**How do you see the goodness of God being the foundation on which faith and hope rest?**

Gratitude is one of the most neglected emotions in our society today, and a largely underestimated virtue. Expressing gratitude can be seen as an admission of our own vulnerabilities and dependence upon something greater than ourselves. **Think of a time in your life when gratitude did not flow easily from you. What impact does it have on our lives when we are not living in a place of gratitude?**

When we express gratitude, we naturally become happier, less stressed, more positive, and more willing to seek help and support from others. **Where have you seen the impacts of gratitude on your life, and in your relationships with others? When have you been able experience gratitude during a tough time in your life?**

We can cultivate gratitude with simple practices that can become habits. If you do not already have a practice of gratitude, consider one of these:

1. List 10 things a day for which you are grateful
2. List one new or original thing for which you are grateful for 21 days

Think about these or discuss them with your group: **Would you say people notice gratitude in you? Are you grateful for what you have or do you find yourself fixated on what you don't have?**

**Heavenly Father**, may we know your goodness and recognize your love in everything around us. May we have gratitude in all that we do, and not take our blessings for granted. Help us to encourage and remind each other of your steadfast love through the examples of how you have been faithful in our lives. **Amen.**