MY VISIT TO THE EYE DOCTOR
Hi! My name is Olivia.

Today I went to the 

**eye doctor**

to have my eyes checked.

This is what the building 

looked like.
I walked inside and saw a big desk and lots of people.
My mom told the lady at the desk my name, my birthday and that I had an appointment to see the eye doctor.
We waited for the doctor to call me.

I played with toys while I waited.
The doctor called my name.

My mom and I walked to a special room for the exam.
This was the exam room.

There was a computer, a special microscope, a T.V. screen and a big chair just for me.
The doctor and my mom talked about me.

The doctor asked me some questions too.
I played a matching game. When I saw an apple shape on the TV I pointed to the apple on the card.
The doctor shined a light in my eyes to make sure they are looking in the right spot.
I put on special glasses and looked at a book.

Some of the pictures in the book looked like they were 3D.
I pointed to shapes on a page with dots on it.
I looked at the doctor and told her how many fingers she was holding up without looking at her fingers.

She said that tested my side vision.
I followed a toy with my eyes and kept my head still.

This checked my eye muscles.
The doctor shined a flashlight near my eye.
I looked into a tunnel to see a picture.

Sometimes it was hard to see and sometimes easy to see.
I looked at the TV while the doctor shined the light in my eyes. 
Then I looked through little windows.
This checked to see if I needed glasses.
I got to wear green glasses and look through more windows.

I told the doctor which windows made pictures easier to see.
The doctor used a light and magnifying glass to check that my eyes were healthy.
The doctor used this machine to check the pressure of my eyes. It made a little noise and touched my forehead. I opened my eyes very wide. I think it tickled a little.
The doctor needed to spray my eyes.
I closed my eyes when she sprayed.
The doctor used a flashlight close to my eye again to look inside it.
The doctor put on a hat with a light.

She shined the light in my eye.
Another doctor came in to look at my eyes.
The doctor talked to my mom and said I needed glasses.
I tried on glasses in the optical.
I picked my favorite ones.
They will make special glasses for me.
Before I left, I got sunglasses to wear outside.
After we went to the second big desk, it was time to go.
I had a great day visiting the eye doctor!

A special thanks to NSU College of Optometry for letting us use their story as a model.


Coulter RA. Understanding the visual symptoms of individuals with autism spectrum disorder (ASD). Optom Vis Dev 2009;40(3):166
