

### HOW DO DOMESTIC VIOLENCE AND SEXUAL ASSAULT INTERSECT?

Perpetrators who are physically violent toward their intimate partners are often sexually abusive as well. Victims who are both physically and sexually abused are more likely to be injured or killed than victims who experience one form of abuse. Abusers assault people of all genders, races, ages, social classes and ethnicities. Women who are disabled, pregnant or attempting to leave their abusers are at greatest risk for intimate partner rape.<sup>1,2,3</sup>

### DID YOU KNOW?

- 1 in 5 women will be raped in her lifetime.<sup>4</sup>
- Nearly 1 in 2 women and 1 in 5 men experienced sexual violence victimization other than rape at some point in their lives.<sup>5</sup>
- Intimate partner sexual assault and rape are used to intimidate, control and demean victims/survivors of domestic violence.
- Intimate partner sexual assault is more likely than stranger or acquaintance assault to cause physical injury.<sup>6</sup>
- Between 14% and 25% of women are sexually assaulted by intimate partners during their relationship.<sup>7</sup>
- Between 40 and 45 percent of women in abusive relationships will also be sexually assaulted during the course of the relationship.<sup>8</sup>
- Over half of women raped by an intimate partner were sexually assaulted multiple times by the same partner.<sup>9</sup>
- Women who are sexually abused by intimate partners report more risk factors for intimate partner homicides than non-sexually abused women.<sup>10</sup>
- Women who are sexually abused by intimate partners suffer severe and long-lasting physical and mental health problems, similar to those of other rape victims. They have higher rates of depression and anxiety than women who were either raped by a non-intimate partner or physically but not sexually abused by an intimate partner.<sup>11</sup>

### MARITAL RAPE

- 18 percent of female victims of spousal rape say their children witnessed the crime.<sup>12</sup>
- Between 10 and 14 percent of married women will be raped at some point during their marriages.<sup>13</sup>
- Only 36 percent of all rape victims ever report the crime to the police. The percentage of married women who report a spousal rape to the police is even lower. Marital rape is the most underreported form of sexual assault.<sup>14</sup>
- Until 1976, state laws specifically exempted spousal rape from general rape laws. In 1976, Nebraska was the first state to legally recognize nonconsensual intercourse with a spouse is rape. By 1993, all 50 states had either completely or partially repealed their spousal rape exemptions. However, even now, some states still have some form of spousal rape exemptions, and it is often legally considered a different, lesser crime than non-spousal rape.
- Many Americans do not believe marital rape is actually rape.

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#### If you need help:

Call The National Domestic Violence Hotline 1-800-799-SAFE (7233)

Or, online go to [TheHotline.org](http://TheHotline.org)

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### HOW TO HELP

- Encourage primary care physicians and OB/GYNs in your community to screen women for signs of physical and sexual violence, and ask if they are in violent or abusive relationships during regular checkups.
- Demand state legislators update rape laws to include marital rape rather than considering marital rape a different crime.
- Work with local schools, religious youth groups, and other youth-oriented programs to teach about healthy sexuality and healthy relationships.
- Ask local schools and universities to address the issue of sexual violence in their classrooms and through victim assistance programs.
- Ask your members of Congress to support funding for direct surveys and programs created in the Violence Against Women Act
- Volunteer at your local rape crisis center or state sexual assault coalition. Visit the National Coalition Against Domestic Violence at [www.ncadv.org](http://www.ncadv.org), the National Alliance to End Sexual Violence at [www.naesv.org](http://www.naesv.org), or find a local program at [www.domesticshelters.org](http://www.domesticshelters.org) to learn about volunteer opportunities in your community.

<sup>1</sup> Bergen, R. K. (1996). *Wife rape: Understanding the response of survivors and service providers*. Thousand Oaks, CA: Sage.

<sup>2</sup> DeKeseredy, W., Rogness, M., & Schwartz, M. (2004). Separation/divorce sexual assault: The current state of social scientific knowledge. *Aggression and Violent Behavior, 9*, 675-691.

<sup>3</sup> Breiding, M. J. & Amour, B. S. (2015). The association between disability and intimate partner violence in the United States. *Annals of Epidemiology, 25*(6), 455-457.

<sup>4</sup> Black, M.C., Basile, K.C., Breiding, M.J., Smith, S.G., Walters, M.L., Merrick, M.T., Chen, J., & Stevens, M.R. (2011). *The national intimate partner and sexual violence survey (NISVS): 2010 summary report*. Retrieved from [http://www.cdc.gov/violenceprevention/pdf/nisvs\\_report2010-a.pdf](http://www.cdc.gov/violenceprevention/pdf/nisvs_report2010-a.pdf).

<sup>5</sup> Ibid.

<sup>6</sup> Kelly, T. & Stermac, L. Intimate partner sexual assault against women: Examining the impact and recommendations for clinical practice. *Partner Abuse, 3*(1), 107-122.

<sup>7</sup> Bennice, J.A. & Resick, P.A. (2003). Marital rape: History, research, and practice. *Trauma, Violence, & Abuse, 4*(3), 228-246.

<sup>8</sup> Tjaden, P. & Thoennes, N. (2000). *Extent, nature, and consequences of intimate partner violence: Findings from the national violence against women survey*. Retrieved from <https://www.ncjrs.gov/pdffiles1/nij/181867.pdf>.

<sup>9</sup> Ibid.

<sup>10</sup> McFarlane, J. & Malecha, A. (2005). *Sexual assault among intimates: Frequency, consequences and treatments*. Retrieved from <https://www.ncjrs.gov/pdffiles1/nij/grants/211678.pdf>.

<sup>11</sup> Bergen, R. K. & Barnhill, E. (2011). *Marital rape: New research and directions*. Retrieved from [http://www.vawnet.org/applied-research-papers/print-document.php?doc\\_id=248](http://www.vawnet.org/applied-research-papers/print-document.php?doc_id=248).

<sup>12</sup> J. Jasinski & L. Williams (Eds.), *Partner violence: A Comprehensive review of 20 years of research*. Thousand Oaks, CA: Sage.

<sup>13</sup> D.E.H. Russell (1990). *Rape in marriage*. New York: MacMillan Press

<sup>14</sup> Rennison, C.M. (2002). *Rape and sexual assault: Reporting to police and medical attention, 1992-2000*. Retrieved from <http://www.bjs.gov/content/pub/pdf/rsarp00.pdf>.

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