








Shelby County Schools - Nutrition Services

October 2018 Breakfast Menu

Serving Period: BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
-1- TURKEY HAM & CHEESE ROLL MINI BLUEBERRY PANCAKES ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-2- CHICKEN BISCUIT BLUEBERRY MUFFIN ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-3- STUFFED BREAKFAST CROISSANT YOGURT & GRANOLA ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-4- PORK SAUSAGE BISCUIT FRENCH TOAST STICKS ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-5- BREAKFAST SAUSAGE BAGEL WHOLE GRAIN BANANA LOAF ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY
-8- FALL BREAK 	-9- FALL BREAK 	-10- FALL BREAK 	-11- FALL BREAK 	-12- FALL BREAK 
-15- BREAKFAST WRAP MINI WAFFLES ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-16- CHICKEN BISCUIT STRAWBERRY POPTART ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-17- BREAKFAST SAUSAGE BAGEL BREAKFAST DONUT ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-18- TURKEY BACON BISCUIT BREAKFAST BUN ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-19- PANCAKE BITES SWEET POTATO CINNAMON ROLL ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY
-22- TURKEY HAM & CHEESE ROLL MINI BLUEBERRY PANCAKES ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-23- CHICKEN BISCUIT BLUBERRY MUFFIN ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-24- STUFFED BREAKFAST CROISSANT YOGURT & GRANOLA ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-25- PORK SAUSAGE BISCUIT FRENCH TOAST STICKS ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-26- PANCAKE BITES SWEET POTATO CINNAMON ROLL ASSORTED CEREAL GRAHAM CRACKER ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY
-29- BREAKFAST WRAP MINI WAFFLES ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-30- CHICKEN BISCUIT STRAWBERRY POPTART ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-31- BREAKFAST SAUSAGE BAGEL BREAKFAST DONUT ASSORTED CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY		

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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