



**The Baddour Center**  
P O Box 97  
3297 Highway 51 South  
Senatobia, MS 38668  
Telephone: 662-562-0100, ext. 1214  
Fax: 662-562-6870

**Music Therapy Internship Application Cover Sheet**

**Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Date Application Submitted:** \_\_\_\_\_

**College or University:** \_\_\_\_\_

**Academic Advisor/Professor:** \_\_\_\_\_

**Internship Cycle for Which You Are Applying:** \_\_\_\_\_

**Scheduled Completion of Required Coursework:** \_\_\_\_\_

**Where did you hear about The Baddour Center?** \_\_\_\_\_

**Application Agreement**

I certify that the information provided in this application is accurate and complete to the best of my ability. I understand that any falsification, untruth or incomplete information provided may result in the termination of my music therapy internship. I agree to strictly adhere to the Standards of Clinical Practice set forth by the American Music Therapy Association and the Certification Board for Music Therapists. I agree to hold strictly confidential any and all client information received during my internship. I also understand that I will be required to sign an Internship Agreement and Confidentiality Agreement upon the beginning of my internship.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date



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**Music Therapy Internship Application**

This application packet contains information concerning the internship site, audition/interview process, overview of the internship clinical training, an application and instructions for submitting the application and other required information.

**Part 1: Application Contents**

This application consists of nine pages. Please be sure you have the complete application, parts listed below, before you begin the application process.

- Part 1: Application Contents
  - Part 2: Internship Capacity
  - Part 3: Overview of Internship Site
  - Part 4: Overview of Clinical Training Program Requirements
  - Part 5: Overview of Intern Living Arrangements
  - Part 6: Intern Entering Skill Expectations/Performance
  - Part 7: Internship Application Cycle
  - Part 8: Interview Process
  - Part 9: Instructions for Submitting Application
- Internship Application

**Part 2: Internship Capacity**

The Baddour Center offers two clinical training internships per year, as follows:  
January – June: One Intern  
July– December: One Intern

**Part 3: Overview of Internship Site**

The Baddour Center is a private, non-profit residential community for adults with mild to moderate intellectual disabilities. Residents work, live and worship on our campus. We have a total capacity of 172, male and female, along with several day clients. Our facility is divided into four major program areas – Residential Services, Vocational Services, Education and Behavioral Supports and Community Life - plus a Development and Public Relations office. We are located on 120 acres in Senatobia, MS, which is approximately 35 miles south of Memphis, TN.

Our Vocational Department assesses residents to see what job skills they possess and then places them in the work area for which they are best suited. Staff assist residents with reaching their full potential within their individual work settings. Work areas include FedEx, Miscellaneous Packaging, Landscaping and the Greenhouse and Garden Center. Also as a part of Person-Centered-Planning, resident have the opportunities to take part in the VOCARE program which assists those residents in job interview skills, filling our applications, and researching for off campus employment. Residential Services Department provides residents with a Case Manager and Direct Support Professional and provides counseling and instruction within the setting of fifteen group homes and four apartments. Staff assist residents with learning basic daily living skills and help them to progress to the highest living setting possible. Our Community Life Department provides residents with opportunities to participate in recreational activities on and off campus, an individualized fitness plan and Performing and Creative Art classes.

Within the Community Life Department is the Performing and Creative Arts program which includes our Music Therapy program. Performing and Creative Arts provides classes in music, art, creative writing, dance, and many other areas of interest. We provide Music Therapy in group and individual settings. We also have annual talent shows, art exhibits and recitals. Within the Performing and Creative Arts Department, there are multiple performance ensembles including Hearts in Motion, which is a creative movement team; Tone Chimes 1 and 2, which are hand bell choirs; and the Wonder Players, which is a theater group that puts on a play or musical each year with full sets and costumes. Our site is unique in that interns will not only participate in Music Therapy sessions, but they will also be able to participate in all our Performing and Creative Arts classes and events in order to provide a well-rounded internship experience.

Our auditioned traveling choir, *The Miracles*, is made up of 25 residents who travel across the country sharing the mission of The Baddour Center. The music therapy intern will have the opportunity to observe the Miracles and attend performances. Staff assist residents with selecting activities that increase their quality of life and that provide opportunities to share their individuality and creativity.

Baddour also has been fortunate to be one of the few facilities in the country that has a Snoezelen Room. This room is used for sensory stimulation and relaxation and is a great asset to our facility and the Music Therapy program.

\*Check out our website at <https://www.baddour.org/> to learn more about us!

#### **Part 4: Overview of Clinical Training Program Requirements**

The Baddour Center internship encompasses a total of 1,040 hours over 26 weeks, divided as follows:

- 54 hours Orientation
- 530 hours Music Therapy Experience
- 110 hours Record Keeping and Progress Notes
- 42 hours Staff and In-Service Meetings
- 92 hours Self-Awareness and Professional Growth
- 100 hours Formal and Informal Observation (overlaps with Music Therapy Experience hours)
- 68 hours Supervision
- 78 hours Administrative Skills
- 66 hours Special Requirements

#### **Part 5: Overview of Intern Living Arrangements**

Housing: Not available at this time (housing information may be provided upon request)

Meals: Not available at this time.

Stipend: \$600 (intern will be paid \$100 each month during six month internship as available)

Transportation: Provided for all events sponsored by the facility. A car is necessary for transportation to and from the facility.

Environment: Rural area, 35 miles south of metropolitan area Memphis, TN

**Part 6: Intern Entering Skill Expectations/Performance**

Entry Level Musical Skills

- a. ability to play basic chord progressions (I, IV, V) on the guitar in at least 3 keys to accompany singing
- b. ability to play basic chord progressions (I, IV, V) on the piano in at least 3 keys to accompany singing
- c. ability to lead group singing
- d. ability to play a melody on the piano and accompany it with simple functional chord progressions
- e. ability to read music
- f. ability to sing in appropriate vocal ranges with correct pitch and appropriate rhythm and volume
- g. ability to transpose songs to vocal range of residents
- h. ability to improvise using piano, guitar, QChord and/or rhythm instruments
- i. general functional knowledge of music theory
- j. general knowledge of songs and genres that are age appropriate for adults 18 years and older

Entry Level Therapeutic Skills

- a. ability to observe and assess resident's cognitive, physical, emotional and social responses to music therapy interventions
- b. ability to accurately document progress from music therapy interventions
- c. ability to express self in professional manner verbally and in writing
- d. ability to plan, prepare and implement age appropriate music therapy sessions
- e. ability to clearly articulate what music therapy is
- f. ability to use a variety of techniques and ideas when planning music therapy sessions

Entry Level Professional Qualities/Skills

- a. general working knowledge of terminology, syndromes and processes specific to people with an Intellectual Disability
- b. ability to demonstrate time management skills, organizational skills and attention to detail
- c. ability to demonstrate flexibility
- d. ability to develop good rapport with residents and staff
- e. ability to accept constructive feedback with intent to implement suggestions as needed
- f. ability to seek assistance when needed
- g. ability to accept direction from Supervisor and other staff
- h. ability to determine own strengths and areas for improvement and implement plan to improve those areas
- i. basic computer skills with intent to learn additional skills as needed

**Part 7: Internship Application Cycle**

January through June Cycle:

- Application deadline August 15<sup>th</sup>
- Interview ideally scheduled for September

July through December cycle:

- Application deadline March 15<sup>th</sup>
- Interview ideally scheduled for April

### Part 8: Interview Process

#### a. In Person

Ideally intern candidate will spend one day touring the facility, interviewing, auditioning and discussing internship; this will provide the best opportunity to experience all aspects of the Performing and Creative Arts program. Schedule will be as follows:

10:00, Arrive  
10:00-10:30, Campus Tour  
10:30-12, Interview and Audition  
12-1, Lunch Break  
1:30-3:30, Observe Classes and Lessons

\*This schedule can be modified to meet individual needs of applicants.

The following should be prepared for Audition:

1. 2 songs of varying genres accompanied on guitar and sung; each song needs to be in a different key (one verse and one chorus of each)
2. 2 songs of varying genres accompanied on piano and sung; each song needs to be in a different key (one verse and one chorus of each)
3. 2 music activities that may be used in a group setting with adults with mild to moderate intellectual disabilities. You will not have to actually implement these, just talk about them.
  - a. Include what the intervention/ activity is
  - b. Step by step implementation
  - c. Goals addressed by the intervention
4. 1 age-appropriate art activity that could be used in a group setting with adults with intellectual disabilities. (Providing art classes and lessons is a major part of my schedule as the Expressive Arts therapist).

If above schedule is not possible, different arrangements may be made.

#### b. By Phone

Supervisor will call to set up interview time.

Supervisor will conduct phone interview at specified time.

Intern candidate will submit video/DVD audition

- a. 2 songs of varying genres accompanied on guitar and sung; each song needs to be in a different key (one verse and one chorus each)
- b. 2 songs of varying genres accompanied on piano and sung; each song needs to be in a different key (one verse and one chorus each)
- c. 2 music activities that may be used in a group setting with adults with mild to moderate intellectual disabilities
  - Include what the intervention/ activity is
  - Step by step implementation
  - Goals addressed by the intervention

Video/DVD audition and application must be submitted and received before phone interview will be scheduled.

**Part 9: Instructions for Submitting Application**

Students intending to apply for internship must submit the following, in one package:

1. completed application (on page 6)
2. official transcript
3. Résumé to include the following
  - a. education
  - b. work experience
  - c. clinical experience (include dates, facility name and location, population served, total clinical hours earned for each location/practicum and brief description of experience/activities)
  - d. career objectives and goals
4. two letters of recommendation, one from academic supervisor (these should be mailed separately by people giving recommendation)
5. signed application agreement
6. checklist of enclosed items

Supervisor will contact intern candidate to set up interview following procedure explained in Part 7. If interview is by phone, candidate should submit video audition by mail. Mail complete application package to:

Alaina Gresham, MT-BC  
Expressive Arts/Music Therapist  
The Baddour Center  
P O Box 97  
3297 Highway 51 South  
Senatobia, MS 38668

Supervisor will confirm receipt of application package via email. If candidate does not have access to email, a letter of receipt will be mailed. Supervisor will notify candidate, in writing, of status of application no later than two weeks after interview.

**Music Therapy Internship Application**

Please complete application and submit along with answers to the questions on the next pages.

PLEASE PRINT

Date of Application Submission: \_\_\_\_\_

Name: \_\_\_\_\_

Permanent Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mailing Address (if different from permanent address):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

College/University: \_\_\_\_\_

Academic Supervisor: \_\_\_\_\_

Address of Academic Supervisor: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone Number of Academic Supervisor: \_\_\_\_\_

Date of coursework completion: \_\_\_\_\_

Internship Cycle Preferred:  
\_\_\_\_ January through June \_\_\_\_ July through December Year: \_\_\_\_

Interview Process Preferred: \_\_\_\_ In Person \_\_\_\_ By Phone

If you are able to interview in person, what day of the week do you prefer? \_\_\_\_\_

Major instrument(s) and number years studied: \_\_\_\_\_

Extracurricular Activities/Volunteer work:

Special Skills, Talents or Interests:

**Please write an essay for each section that completely answers each of the questions within that section. There will be a total of 11 essays. Each essay should be 500 words or less. Please be honest and truthful in your responses.**

1. Choosing The Baddour Center for your internship.
  - a. Why are you interested in pursuing your internship at The Baddour Center?
  - b. Why do you want to intern in this setting and what do you hope to gain from this experience?
  - c. Why do you feel you are suited to work in this type of facility?
  - d. Why do you feel you are a good candidate for this program?
  
2. Music Therapy Skills
  - a. What do you feel you can offer the Music Therapy program at The Baddour Center?
  - b. Briefly describe any music therapy skills that set you apart from other music therapy students.
  - c. Describe your musical skills and background. Include information about instruments on which you are proficient.
  - d. In what areas do you feel you need the most improvement to become a successful music therapist? Include clinical, therapeutic, musical and administrative skills.
  
3. Internship Goals
  - a. Discuss any personal and professional goals you would like to accomplish during your internship.
  - b. What are your expectations of your internship program?
  - c. What do you hope to gain from your intern experience?
  
4. Strengths and Areas in Need of Growth
  - a. Identify three strengths you possess and discuss.
  - b. Identify three areas in need of growth that you possess and discuss how you plan on addressing those areas.
  
5. Why You Chose Music Therapy
  - a. When did you decide to become a music therapist and why?
  - b. In what aspects of music therapy are you most interested?
  - c. What area of music therapy are you most interested in pursuing and why?
  - d. What population are most interested in working with and why? What population are you least interested in working with and why?
  
6. Previous Training Experiences
  - a. Describe one positive experience you have encountered during your academic/clinical training thus far.
  - b. Describe one negative (or challenging) experience you have encountered during your academic/clinical training thus far.
  - c. Describe any experiences in clinical practice or personal life that have impacted your development as a music therapist?



7. Music Therapy Philosophy and Technique

- a. Please describe your current philosophy of music therapy.
- b. In your opinion, what is the role of music in music therapy?
- c. What treatment approaches do you prefer to use?

8. Music Therapy with Persons with Intellectual Disabilities

- a. What is your philosophy about people with special needs?
- b. Describe some goals/treatment areas that might be addressed in music therapy with persons with an intellectual disability.
- c. Outline a music therapy session you may implement with a group of adults with mild to moderate intellectual disabilities. (This can include the 2 music interventions you bring for your audition).

9. What are your personal and professional values and priorities?

10. What type of supervision do you find most beneficial for your own learning process?

11. Is there any other information you believe would be of value in considering you for this internship?

Please initial the following statement:

\_\_\_\_\_ Two letters of recommendation are being mailed, including one from my academic advisor.

Checklist for application packet:

- \_\_\_\_\_ Application Cover Sheet with Signed Application Agreement
- \_\_\_\_\_ Résumé
- \_\_\_\_\_ Official Transcript
- \_\_\_\_\_ Completed Application including answers to questions.

Please sign and date this form and submit along with:

- a. application cover sheet
- b. application (page 6)
- c. answers to questions on pages 7 and 8
- d. résumé
- e. official transcript

\_\_\_\_\_  
Signature of Intern Candidate

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

End of Application