



Mentor/Mentee relationship is more than just a friendship

1. Provides an example to follow as a role model in a particular area or many areas.
2. Provides individual help in various areas of life – discipline, encouragement, correction, accountability.
3. Provides a setting for friendship – learning and encouragement can work both ways as we seek to understand different perspectives.
4. Provides a confidential place to ask difficult questions, listen and respond. All shared information stays between the two, unless expressly given consent to tell another.

False Assumptions Women make about Mentoring:

1. It's always an older woman meeting with a younger woman. **It's not about age, but spiritual experience.**
2. It's a huge time commitment. It doesn't always have to involve 2 hour meetings. **Mentoring can be done while women are doing other things**, i.e. watching children's sports practices, taking a walk, over lunch, grabbing a cup of coffee somewhere, serving together in ministry. Remember you are developing a relationship and a glimpse into each other's life.
3. Mentors are not counselors. **They are good listeners and may ask good questions.** (See attached list for examples) Mentors won't tell you what you should do but rather help you understand what the Bible says regarding the situation and pray for you.
4. It's not for me. God created us to be in relationship with Him and each other. Forming a friendship with someone a little farther along the journey can give tremendous blessings to each participant. **We can all learn from letting another woman into our lives.**