# **Bethel University**

# Department of Nursing Policy NAD 101.2 Physical and Mental Requirements for Enrollment in the Nursing Program

# 1 PURPOSE:

The purpose of this policy is to define both physical and mental requirements for enrollment in the Bethel nursing program.

# 2 SCOPE:

The policy applies to all students who have been accepted for admission to the Bethel nursing program.

# 3 PROCEDURES:

All students must submit a completed Nursing Student Physical Examination. If a known prior existing condition is present, then the Physical Examination **MUST** be completed by the specialist who is treating the student for said condition

# 3.1 Mandatory Essential Functions related to physical and mental requirements for enrollment in the Nursing Program

- a). Is able to perform all physical and mental requirements are required
- b). Is able to communicate with individuals with excellent written and verbal skills
- c). Normal hearing; normal vision; with or without correction, including color, night, and peripheral vision
- d). Is able to withstand prolonged periods of standing and walking on a continuous basis
- e). Is able to perform repetitive hand and wrist motion as well as using hands for gripping and squeezing, ability to use hands and feet together for repetitive coordinated motions
- f). Is able to stand, walk, climb stairs, sit in one place, squat, kneel, bend, crawl, and twist throughout the shift
- g). Is able to lift and carry up to 50 lbs. without assistance and push and pull up to 250 lbs.

# 3.2. Other related functions

- a). Must be able to demonstrate appropriate and rational behavior while under mental and emotional stress
- b). Must be able to communicate in clear English speech patterns: Verbal and Written

| Title: Policy – Physical and Mental<br>Requirements for Enrollment in the Nursing<br>Program | Number: Policy NAD 101.2  |
|--|---------------------------|
| Reviewed by: Nursing Faculty   | Approved by:              |
| Signature:   | Signature:                |
| Issued: 03/11/2015   Latest Rev:   | Version: 1.0 No. Pages: 2 |
|  | Copy 1 of 2               |

# Bethel College

# Department of Nursing NAD 101.2 Physical and Mental Requirement for Enrollment in the Nursing Program

# **4 RESPONSIBILITY**

Students seeking admission to the nursing program are responsible for ensuring that the Physical Examination is completed and appropriate documentation of the Physical Assessment is submitted to Certified Back Ground the summer prior to entry into the Nursing Program. The Department of Nursing (DON) Director, Chairperson and members of the Admissions and Retention Committee, and the DON administrative assistant are responsible for the implementation of this policy. It is incumbent on those responsible for implementing the nursing program's admission process to ensure that it is non-discriminatory and is applied consistently and equitably to all applicants

#### 5 REVIEW

This policy will be reviewed in accordance with the Program Evaluation Plan (NAD 107)

# **6 ATTACHMENTS**

Bethel University Nursing Student Health Examination Form