

# All About Me

Please complete following allowing the individual to give their perspective and input:

Name: \_\_\_\_\_



What others love about me!

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A few things that are Important To Me...

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A few things that are Important For me...

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Here is how you can Support Me...

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# All About Me

What is **“Important To”** this individual that we can use to incorporate them into the class and engage with them socially. These will be things they like. (Examples)

- ★ People/relationships (close to family; likes making new friends)
- ★ Things to do (shop, listen to favorite music)
- ★ Places to go (church, school, Wal-mart)
- ★ Rituals/routines (being organized/prepared; likes to follow same schedule daily)
- ★ Pace of life (like to go to one or two places or do one or two activities then needs rest)
- ★ Status/control- make choices/talk with my eyes and be heard; be a fashionista
- ★ Things to have – Ipad, fun clothes/jewelry, friendships, dessert, variety of music (Pandora, Taylor Swift, Colbie Caliet, Jamie Grace)

*This page is designed to prompt ideas and information that relate to the individual completing the form. You do not have to choose these answers.*

## What others **love** about me!

List Character/Personality traits that others notice: (Examples)

Determined  
Self-Advocate  
True Friend  
Fashionista  
Joyful- lights up a room  
Compassionate

What is **“Important For”** this individual that we will need to know to best support their needs. These will be things they need. (Examples)

- ⊙ Health (have frequent seizures; tires easily; has frequent mood swings)
- ⊙ Safety (help to eat/drink -lazy with chewing/swallowing; constant watch – I like to run away; likes to put objects in mouth)
- ⊙ Behaviors and triggers (loud noise disturb me; it makes me look angry)
- ⊙ Calming/redirecting tools (take a walk, listening to music)
- ⊙ Communication needs (communications with eye gaze, uses sign language)
- ⊙ Engagement/social needs (interact with peers , teachers, etc; to be “heard”; need my space at times)

What else can we do/provide that would best **support** this individual? Give specific tools/ideas that relate to the individual and the above information. (Examples)

- Help me to understand what is going on, what to expect.
- Talk with me, not to me; Ask me a question and wait on an answer I am able to give.
- Accept and respond to my sounds, gestures and facial expressions as communication.
- Understand if I’m upset, my routine may have been changed. Ask if you can help.
- Encourage me when I make good choices or contribute to the class.
- Talk to me about what is important to me and share what is important to you.