

Hoover YMCA Pool Schedule --- August 11th 2016- May 15th 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-8 am	Lap Swim (All Lanes)	Lap Swim (All Lanes)	Lap Swim (All Lanes)	Lap Swim (All Lanes)	Lap Swim (All Lanes)	7am-5:30pm Lap Swim	Noon-6:30pm Lap Swim
8-10.	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	7-9 all lanes 9-10 2 Lanes 10-close 2 lanes	*12-2 2 lanes *2-close 1 lane
10-11am	Lap Swim (3) Open Swim/Swim Lessons (3)	H2O Aerobics (3) Lap Swim (1) Open Swim/Swim Lessons (2)		H2O Aerobics (3) Lap Swim (1) Open Swim/Swim Lessons (2)		H2O Aerobics 9-10am Swim Lessons (1all day)	Open Swim 12-close
11am- 3:50pm	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Open Swim 10-close	
3:50pm- 5:30pm	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 4-515PM 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons		
530-705pm	Open Swim 2 Swim Team 3LN Lap Swim (1)	Group Lessons 2LN Swim Team 3LN Lap Swim (1)	Open Swim 2 Swim Team 3LN Lap Swim (1)	Group Lessons 2LN Swim Team 3LN Lap Swim (1)	Open Swim 2 Swim Team 3LN Lap Swim (1)		
705pm-close	Lap Swim (3) Open Swim (3)	Lap Swim (3) Open Swim (3)	Lap Swim (3) Open Swim (3)	Lap Swim (3) Open Swim (3)	Lap Swim (3) Open Swim (3)		

Schedule is subject to change

weekend schedule will change

Multiple activities are often scheduled in this pool at the same time.

Attention Lap Swimmers:

If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third lap swimmer immediately changes the lane to "circle"

Speed

Please try to choose a lane with swimmers that most nearly match your speed.

If you need help obtaining a lane, please ask the lifeguard