



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of Greater Birmingham
Hoover Branch
2250 Highway 150

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-6 am	Lap Swim (ALL)	Lap Swim (ALL)	Lap Swim (ALL)	Lap Swim (ALL)	Lap Swim (ALL)	7am-5:30pm Lap Swim 7-9 all lanes 9-10 2 Lanes 10-close 2 lanes H2O Aerobics 9-10am Swim Lessons (1-all day) Open Swim 10-close	Noon-6:30pm Lap Swim *12-2 2 lanes *2-close 1 lane
6-645 am	Lap Swim All Lanes	Lap Swim (4) Swim Team (2)	Lap Swim All Lanes	Lap Swim (4) Swim Team (2)	Lap Swim All Lanes		
645-8 am	Lap Swim (ALL)	Lap Swim (ALL)	Lap Swim (ALL)	Lap Swim (ALL)	Lap Swim (ALL)		
8-10.	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)	Lap Swim (3) Open Swim (2) Swim Lessons (1)		
10-11am	Lap Swim (3) Open Swim/Swim Lessons (3)	H2O Aerobics (3) Lap Swim (2)/Swim Lessons (1)	Lap Swim (3) Open Swim/Swim Lessons (3)	H2O Aerobics (3) Lap Swim (2)/Swim Lessons (1)	Lap Swim (3) Open Swim/Swim Lessons (3)		
11-1pm		Lap Swim (3)/ Open Swim/Swim Lessons (3)		Lap Swim (3)/ Open Swim/Swim Lessons (3)			
1pm- 4pm	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)	Lap Swim (2) Open Swim (3) Swim lessons (1)		
4pm- 5pm	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons	4 lanes Swim Team 2 Lane Open Swim Swim Lessons		
5-6pm	Open Swim 2 Swim Team 3LN Lap Swim (1)	Group Lessons 2L Swim Team 3LN Lap Swim (1)	Open Swim 2 Swim Team 3LN Lap Swim (1)	Group Lessons 2L Swim Team 3LN Lap Swim (1)	Open Swim 2 Swim Team 3LN Lap Swim (1)		
6pm-close	Lap Swim (2) Swim Team (2) Open Swim (2)	Lap Swim (2) Swim Team (2) Open Swim (2)	Lap Swim (3) Open Swim (3)	Lap Swim (2) Swim Team (2) Open Swim (2)	Lap Swim (2) Swim Team (2) Open Swim (2)		

Schedule is subject to change

Multiple activities are often scheduled in this pool at the same time.

Attention Lap Swimmers:

If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third lap swimmer immediately changes the lane to "circle"

