



ALABASTER FAMILY BRANCH YMCA

SPORTS AND GYM SCHEDULE

NOV. 28, 2016 - FEB. 18, 2017

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5AM	CLOSED	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	CLOSED
6AM		ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	
7AM	OPEN GYM	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	YOUTH SPORTS
8AM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
9AM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
10AM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
11AM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
12PM		ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	FAMILY OPEN GYM
1PM		ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	
2PM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
3PM		ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	ADULT PICKUP SPORTS	OPEN GYM
4PM		AFTER SCHOOL CHILDCARE	AFTER SCHOOL CHILDCARE	AFTER SCHOOL CHILDCARE	AFTER SCHOOL CHILDCARE	AFTER SCHOOL CHILDCARE	
5PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
6PM	CLOSED	YOUTH BASKETBALL PRACTICE	YOUTH BASKETBALL PRACTICE	OPEN GYM	YOUTH BASKETBALL PRACTICE	YOUTH BASKETBALL PRACTICE	
7PM		YOUTH BASKETBALL PRACTICE	YOUTH BASKETBALL PRACTICE		YOUTH BASKETBALL PRACTICE	YOUTH BASKETBALL PRACTICE	
8PM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	CLOSED	
9PM		OPEN GYM	OPEN GYM		OPEN GYM		
10PM		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

SCHEDULE KEY AND PROGRAM DESCRIPTION

FITNESS
ADULT PICKUP SPORTS
OPEN GYM
TEEN OPEN GYM
CHILDCARE
FAMILY OPEN GYM
YOUTH SPORTS
CLOSED