



## PLAN A NETWORKING EVENT IN YOUR AREA!

Written by: Julie Luht, MPH, MCHES

Beginning in April of this year, three board members from NCHEC's Division Board for Professional Development, Erin Reiney, Nicolette Warren, and I have coordinated monthly networking happy hours in Washington, DC. Nearly 50 CHES, MCHES, and future CHES attended the networking event on June 28 at Cuba Libre restaurant. At this event, health education specialists and those in related fields had the opportunity to discuss local job openings and meet others with similar interests.

We have felt that these networking events have been so successful in the DC area that we would like to encourage CHES and MCHES in other cities and towns to host similar events. If you would like to host an event in your area, we recommend taking the following steps:

- ❖ Join the Official NCHEC CHES/MCHES group on LinkedIn and gauge networking interest in your area.
- ❖ Pick a venue. We have found that a central location near public transportation and businesses encourages the largest number of attendees. If your city has a public transportation system, ensure that the location is accessible by multiple subway lines and buses. Also, think about the space and noise level when picking a venue. We have found that people tend to mingle more in a bar area than when seated at a table. Plan to arrive at the venue early to corral a few high-top tables so people have the option of sitting or standing. Loud music makes networking more challenging.
- ❖ Call the venue to:
  - ✓ 1) let them know that you are going to bring a potentially large group and
  - ✓ 2) ask for additional specials. Sometimes restaurants will extend happy hour specials for an additional hour or will include additional items in the happy hour for large groups.

- ❖ Market your event. We have posted the event on both the Official CHES/MCHES and APHA LinkedIn group pages; however, our most effective marketing tool has been an e-blast. Ask Melissa Rehrig, NCHEC Communication Director, to send an announcement to CHES/MCHES in your area. Encourage both certified and non-certified health education specialists to attend.
- ❖ When people RSVP, track their e-mail addresses for future events.
- ❖ At the event, ensure that people know that they are responsible for the items they order. If a large group is expected, coordinate this with the wait staff or bartender before the group arrives.
- ❖ SMILE! Take pictures for upcoming newsletters and the Web site and submit them to Melissa at mrehrig@nchec.org.

Contact me at [luhtja@gmail.com](mailto:luhtja@gmail.com) with specific questions about the DC networking events. Hope you have a good time!

### TESTIMONIAL FROM DC NETWORKING ATTENDEE...

*I really enjoyed the CHES event at Cuba Libre because I was able to meet a bunch of really interesting people who are currently working in a variety of public health fields. I even learned about a health statistics conference that is given by CDC (and free!) here in DC this summer. Getting a chance to talk to fellow public healthers that are passionate about their work always helps to inspire and motivate me.*

— Leah Kasowitz



Join more than 2,500 CHES/MCHES colleagues on the Official NCHEC CHES/MCHES group on LinkedIn. Learn about networking opportunities, job postings, and continuing education programs. Also, like us on Facebook and watch the CHES/MCHES video on YouTube.

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## Service to the Profession: How YOU Can Make a Difference!

Written by: *Beth H. Chaney, PhD, MCHES*  
NCHEC Chair of Board of Commissioners



Our profession is more than a job; it is a community, where talented and dedicated volunteers serve to enhance the field. Over the years, many health education specialists have selflessly given their time and talents to serve in various capacities to help in accomplishing the mission of NCHEC. As the sole credentialing body of the Health Education profession,

NCHEC's primary purpose is "to enhance the professional practice of Health Education by promoting and sustaining a credentialed body of Health Education Specialists" ([www.nchec.org](http://www.nchec.org)). For over 20 years, the efforts and dedication of professional volunteers have worked to meet that organizational goal.

There are leaders in every profession. These are the people who work to determine the future of the profession, the ones who represent the interest of the majority, and strive to improve and market the profession – our community. NCHEC has had its share of leaders serve on NCHEC's Board of Commissioners, Division Boards and committees, and the collective leadership has resulted in some remarkable accomplishments; including one of the most recent accomplishments – the implementation of the advanced-level credential, MCHES.

The professional community we have built was established by many wonderful people who made a decision to SERVE. It is because of these people that NCHEC and our profession have made strides in establishing a credentialing body to ensure high standards of practice in our profession. We must continue to support the importance of service to the profession. I strongly encourage you to get involved! There is a place for you to serve, and NCHEC and our profession need you to not only help in marketing the importance of the CHES and MCHES credentials, but to market the profession of Health Education. Ultimately, we are all attempting to strengthen the profession we love – our professional community. Get involved! Each year, NCHEC seeks nominations for board position openings; this is YOUR opportunity to make a difference. I, for one, am very glad I took the plunge and ran for a board position, as the experience of giving back to the profession is nothing short of remarkable.

## NCHEC's Executive Director Report


Written by: *Linda Lysoby, MS, CAE, MCHES*



The fall season is upon us. As summer vacations are behind us and we settle into the routine of school and/or work for the fall, I am mindful of the many exciting things on the agenda for NCHEC. Preliminary work is beginning on the next Health Education Specialist Job Analysis to be completed by the end of 2014. The CHES and MCHES exam will be offered for the first time at two professional conferences, SOPHE and ASHA, in addition to more than 120 university test sites nationwide.

NCHEC will be presenting and exhibiting at three professional conferences, ASHA, SOPHE and APHA. And, preparations are underway for a fall Webinar called "The Perfect Pitch: Ways to Market Yourself as CHES/MCHES" to assist certified individuals in marketing themselves and their certifications to employers.

In addition to the work of NCHEC to increase awareness of the certification, I would like to extend a request to both CHES and MCHES certified individuals. You are in a great position to advocate for the profession and certification. Please help us to increase the visibility and recognition of the certification. Use your credentials after your name in e-mails, business cards, written materials, presentations, and any materials or information to the public related to health education issues and topics. Be ready to describe the uniqueness of health education and the requirements of certification: academic preparation, passing an assessment mechanism, and commitment to continuing education that makes certified individuals unique from other professionals. And encourage your employer to include the certification(s) in hiring decisions. As a certified health education specialist you can be a wonderful ambassador of the certification. Please help NCHEC spread the word.




**ATTENTION CHES/MCHES**  
The 2013 NCHEC Leadership Election is now Open!

**YOUR VOTE IS VERY IMPORTANT,  
SO VOTE TODAY!**

**Vote for the 2013 NCHEC Board members online by  
SEPTEMBER 30, 2012**

Go to [www.nchec.org](http://www.nchec.org)  
and click on CHES/MCHES Login  
Login using your Username and Password  
When logged in, you can:  
Click on the 2013 Election ballot  
(under current action items)  
Read bios of candidates then...

**CAST YOUR VOTE!!**  
(to request a paper ballot call 888-624-3248)



# ADVANCED-LEVEL CONTINUING EDUCATION: ONE YEAR AND ALMOST DONE

Written by: Julie Luht, MPH, MCHES



I have a secret to share. Earning advanced-level continuing education credit to maintain the Master Certified Health Education Specialist (MCHES) certification has not been very difficult. In the year since I became an MCHES, I am almost finished acquiring my 30 hours of advanced-level continuing education.

Like many people who went through the MCHES Experience Documentation Opportunity (EDO) process, I wondered how I would meet the new criteria for advanced-level training. I completed a lot of my Category I credits through online training, mostly for economic reasons, and there really was no way to predict whether enough credits would be available and, just as importantly, whether these credits would be affordable. (It turns out that there are affordable advanced-level CECHs online, but, alas, that is a story for a different day.)

There are a few reasons why this works out so well. As MCHES, we can count work-related activities toward our 30 category II CECHs. Since the same types of activities we compiled for the EDO process count towards continuing education, we can easily rack up 30 advanced-level category II credits.

Where the credits come from is entirely dependent on each of our individual jobs, volunteer positions, and interests, but here are some where I've found the most bang for the buck:

- Presented at a professional meeting (2 CECH/hour of instruction)
- Prepared/presented a poster (1 CECH/poster session)
- Developed a health education course or curriculum (5 CECH/course)
- Wrote a funding proposal for a grant/contract/cooperative agreement (4 CECH/proposal)
- Evaluated training programs (3 CECH per training program)
- Developed a program budget (3 CECH per budget)
- Developed progress reports (5 CECH per report)
- Provided health education expertise (5 CECH/per agreement)
- Contributed to the development of health promotion policy (3 CECH/policy)

Download the CHES/MCHES Category II CECH Claim Form for a full listing [http://www.nchec.org/\\_files/\\_items/nch-mr-tab6-78/docs/cat%20ii%20claim%20form%20-%20chesh-mches.pdf](http://www.nchec.org/_files/_items/nch-mr-tab6-78/docs/cat%20ii%20claim%20form%20-%20chesh-mches.pdf). You might already have enough advanced-level credits without even knowing it!



## SAVE THE DATE FOR THE WEBINAR

**“The Perfect Pitch: Ways to Market Yourself as CHES/MCHES”**

Thursday November 15, 2012  
at 1:00-3:00 EST

*Stay tuned for registration information.*

Tell a colleague or student that the **2013 CHES AND MCHES EXAM DATES** are **April 27th, and October 19th**

For more information, visit [www.nchec.org](http://www.nchec.org) or contact the exam coordinator at 888-624-3248, ext 12.

APRIL 2013						
Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER 2013						
Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## Conference Schedule

Mark your calendars for opportunities to earn continuing education contact hours. For more information on these conferences, visit the organizations' Web site.

Organization	Details	Dates	Location
ASHA 86th Annual Meeting	<a href="http://www.ashaweb.org">www.ashaweb.org</a>	Oct. 10-13, 2012	San Antonio, Texas
SOPHE 63rd Annual Meeting	<a href="http://www.sophe.org">www.sophe.org</a>	October 25-27, 2012	San Francisco, California
APHA 140th Annual Meeting and Exposition	<a href="http://www.apha.org">www.apha.org</a>	October 27-31, 2012	San Francisco, California

## NCHEC WELCOMES NEW MCHES – FALL 2012

The following is a list of those who earned the distinct title of Master Certified Health Education Specialist (MCHES) in the April 2012 exam. NCHEC welcomes them to a class of more than 900 active MCHES. Those who opted not to be published are excluded from the list.

Solomon E Agbor	Shannon J Cox	Jeffrey G Kuhr	Elijah Miranda	Melanie L Shouse-Gonzales
Melissa R Belluz	Norma Davilmar	Torhonda C Lee	Patricia Moise Dorcius	Anne R Sites
Michelyn W Bhandari	Thomas M Davis	Suzanne N Lineberry	Rebecca M Olsen	Jacqueline S Siukola Tompkins
Dawn M Bleyenburt	Jodie E Fishman	Adrian R Lyde	Donna A Page	Michael A Stinson
Mary M Chace	LaQueisa L Haynes	Therese MacAller	Caira A Prince	Chandra R Story
Jeffrey K Clark	Alesha Hruska Snyder	Inuka G Midha	Lana M Saal	Heather M Tressler
Vivian Cortes				



### **JEFF CLARK** HSD, FASHA, MCHES

Currently, Dr. Clark is a professor and Chairperson of the Department of Health Sciences at Illinois State University. As a member of the faculty at Ball State University and the University of Louisville, Dr. Clark has taught undergraduate and graduate classes in community

and school health education methods, program planning and evaluation. He has published numerous manuscripts on evaluating school and community health education programs using qualitative and quantitative research methods. Most recently Dr. Clark has conducted a two-year school health education evaluation study of the Michigan Model Health Education Curriculum. He has given many national presentations on the evaluation of health education programs delivered in various professional settings.

### **HIGH SCORER ON THE 2012 MCHES EXAM**

*"I decided to take the MCHES examination because it provides an opportunity to recognize my professional strengths and weaknesses in order to continue my professional development. Taking the MCHES examination also supports the advancement of the profession. I have encouraged my students to take the CHES examination as a means to expand their career opportunities. I found that by taking the MCHES examination, I can provide additional encouragement to my students to demonstrate their commitment to becoming professionally certified in the field. The efforts of NCHEC and the certification process are a mechanism to unify practitioners in the many settings in which health education is practiced. The introduction of the Master Certified Health Education Specialist examination builds upon the work of the profession to improve itself and advocate for its importance to society. The examination has provided additional feedback for me and helped me with the identification of areas that I want to improve."*

## **Thank You for Your Feedback: Results from the MCHES Experience Documentation Opportunity Process Survey**

*Written by: Gwyndolyn Ashcom, MPH, CHES*

When the National Commission for Health Education Credentialing, Inc. (NCHEC) implemented the new advanced-level credential, the Master Certified Health Education Specialist (MCHES), the initial certification phase consisted of a six month Experience Documentation Opportunity (EDO) for current CHES who had been active for five continuous years (certified on or before October 1, 2005). The EDO was an opportunity for experienced CHES to obtain an advanced credential denoting their expertise. From October 15, 2010 through April 15, 2011, eligible applicants were invited to submit an application for advanced-level practice documentation. Items required in the application included a curriculum vitae/resume, a detailed but brief explanation of experience in four distinct advanced-level Health Education Sub-competencies, and two completed experience self-appraisal, and a testament of practice forms from a recommender. This process resulted in 819 individuals being granted the MCHES certification.

After the six month EDO process closed, NCHEC sought feedback from those individuals who completed the EDO process successfully. The survey, conducted in the spring of 2012, was designed to gain information from applicants regarding: satisfaction with the application instructions, ease of the EDO process, ability to secure recommenders, ability to secure documentation of advanced practice, reasons for applying for the MCHES credential, and the overall EDO process. The survey was sent out to 810 MCHES who completed the EDO process, of which, 413 completed the survey (a 50.9% response rate).

The majority of those who completed the survey stated they were in support of the EDO to earn the MCHES credential, they preferred the EDO versus the exam, and 96% said they would complete this type of process again. The respondents also found the EDO instructions easy to follow and the overall process to be a fair, effective and mostly efficient method for obtaining the MCHES credential.

Congratulations to those of you who received the MCHES credential through the EDO. We thank you for your input and leadership in the field. To read the full report please visit the NCHEC Web site at [www.nchec.org](http://www.nchec.org).

## NCHEC WELCOMES NEW CHES – SPRING 2012

The following is a list of those who earned the distinct title of Certified Health Education Specialist (CHES) in the April 2012 exam. NCHEC welcomes them to a class of more than 9600 active CHES. Those who opted not to be published are excluded from the list.

Acsah Abraham	Kristin Baskerville	Heather L Burg	Chelsey E Curry
Ashley D Adam	Aaron D Batdorf	Jane Burley	Patricia H Daugherty
Erin F Adams	Samantha J Bathie	Kathryn L Burnham	Christina M Davis
Katie A Adams	Sarah Bauch	Ryan N Burt	Tracey L Davis
Agnes U Agbor	Elena Baugh	Emily G Busch	Vanity S Davis
Brenda Aguilar	Monica A Bautista	Michelle M Buzzelli	Ian C De Asis
Tamara E Aho	Alexis Baxter	David Byrnes	Sorangi M De Leon
Meghan Airgood	Shannon L Beall	Adriana Calais-Remaker	Anna DeCaria
Lynley E Aleksandrian	Courtney I Becker	Amber M Canzater	Cathy Lyn F Deguzman
Maria V Alexandrova	Kerry Beckman	Rachael A Cardon	Francis Delapaz
Ashley M Alf	Kristen Bell	Chantelle F Carter	Corinn M Demboski
Jaimi L Allen	Bailey Belue	Jessica Carter	Emily N Detert
Sean T Allen	Kari L Berg	Rebecca L Carter	Rosemarie Dias
Taja D Allen	Jasmin Berrios	Mary J Castro	Karen Diaz-Perez
Timothy R Allen	Jessica L Berry	Cecilia Catalan	Krishna Dipnarine
Sara Amadhila	Melinda Bersen	Danielle M Caton	Jeannette M Dobosz
Shelda Amilcka	Alyson M Bertagna	Alexandra L Caulkins	Collin M Dobson
Brandi Amor	Michael P Bertulfo	Gina Celano	Zepherine A Donaldson
Katherine Anderson	Megan Betts	Jenny Chan	Bethany T Donn
Tiffany Anderson	Bambi A Bevill	Anna M Chavez	Anita Dorroh
Jo-Ann M Aragon	Jaclyn Bien	Meifang Chen	Sara D Dorsey
Heather A Archer-Smith	Michele E Bildner	Brittany J Chihak	Darleesa Marcelle Doss
Shelley N Armstrong	Thuy Mai Bishop	Ashley Christensen	Revae S Downey
Heather L Arredondo	Patrick Bloomingdale	Betsy Christensen	Deanna Drexler
Jessica G Ashenfelter	Heather D Blunt	Sarah J Christian	Kathryn E Dubinsky
Nyshiera S Ashton	Alexander J Boerckel	Jessica L Church	Jessyca Dudley
Robin C Axelrod	Lori Boesen	Laura A Cianciolo	Nicole M Dudley
Hannah J Badal	Vicki G Boguszewski	Joy M Clark	Amanda C Dugan
Brittany K Badger	Lori Bokowy	Rebekah Clark	Erica L Durler
Bianca Badrinath	Theresa F Boland	Kellan G Clausen	Sarah J DuRussel-Weston
Khrysta A Baig	Leah K Bordeaux	Lorin Clay	Trudi-Ann A Dyer
Anna E Bailey	Elizabeth A Bormann	Tracy M Cochran	Zhada A Eaves
Casey E Bailey	Jessica Bouchard	Lois M Coleman	Catherine H Eichhorn
Jenna C Baillet	Mary C Bovenzi	Kandace R Commons	Joanna A Eisman
Briana Baker	Victoria A Bradford	Jessica A Concha	Michelle C Elmuccio
Dreux M Baker	Bridget A Bradish	Caroline L Conners	Emily O Epperson
Kevin M Baker	Christina E Branica	Eric Cooks	Altavia L Evans
Felicia A Balding	Stephani Bratschie	Elizabeth J Cooley	Micheline Faircloth
Regina Balsamo	Elizabeth Brewster	Sharon E Cooper	Jennifer L Farmer
Lauren Banks	Kristine N Brice	Annie Coriolan	Lindsay A Farries
Mary Lee Barnes	Jameisha Brown	Sarah M Coughenour	Deirdre L Feeney
Cassandra J Barnhart	Joy K Brown	Carolyn M Courtney	Danielle H Feldman
Lynn M Barrette	Keishawnda R Brown	Chelsie M Covey	Jennifer C Feldman
Shanisha L Barrino	Lindsey J Brown	Emily Cowles	Loraine R Feldmeier
Lauren R Bartell	Stephanie Brown	Megan L Craig	Rachel E Felton
Courtney P Bartlett	Elizabeth J Brumbaugh	Madison M Crider	Miriam Fematt
Elizabeth J Bartlett	Amanda R Budzowski	Cherice M Critchfield	Therese Anne V Fernandez
Debra W Basalik	Carolyn Buenafior	Maritza E Cruz Quintero	Nicole D Ferrian

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Marnie C Filstein	Kristen P Hamilton	Katharine Hurd	Jayme Lamm
Kaitlin Fincher	Kristina L Hamilton	Brittany Innes	Nicole A Lamonica
Alyse M Finkel	Rodney N Hammond	Mary N Isichei	Krystal Langley
Jacy R Fitzpatrick	Erika L Hamric-Spriddell	Nicole R Jackman	Jacqueline I Larson
Deirdra V Fraustu	Christine A Hanahan	Jacqueline V Jackson	Greté N Lawrence
Michele A Fredette	Zipporah C Hancock Young	Jenna Jamieson	Julia C Lay
Lily Fu	Mary E Hankin	Ronena A Jenkins	Maura K Leahy
Chelsea Gailey	Gina G Hansen	Lisa A Jennings	Melissa M Leccese
Amy N Gallagher	Edward D Harbaugh III	Jazell J Johnson	Katherine E Lechner
Mariela Gallo	Kimber L Harding	Lauren M Johnson	Suk Y Lee
Britinia R Galvin	Amanda R Harkness	Leighanne Johnson	Eileen M Legaspi
Kyle A Gardner	Denise N Harrison	Megan O Johnson	Katherine E Lesnar
Roxanne M Garza	Jennifer Harrison	Michelle D Johnson	Janae L Letterman
Mary K Gaughan	Michelle C Hartke	Rebecca L Johnson	Alexandra Levine
Yuba R Gautam	Anna A Hartrampf	Shantea Johnson	Giuseppina Licata
Arielle Gaydosh	Jennifer L Hartwig	Camille D Johnson Arthur	Sara M Linder
Elizabeth D Gaynor	Holly C Hathaway	Colleen P Jones	Miranda R Littlefield
Alexandra Gemma	Keith J Haws	Latanya D Jones	Emily L Lockhart
Steve Giardini	Mistie A Hayhow	Vontrice L Jones	Margaret E Loehnig
Lauren N Gibson	Natalie N Hazel	Sunmee Joo	Alexandra L London-Gross
Andrea Gillespie	Lucy A Heck	Sherry-Ann N Joseph	Kristi A Long
Alaina J Giltz	Margo C Heifetz	Amanda L Judisch	William M Long
Julia Gin	Patrick Heinrich	Joseph Juma	Anne M Look
Joanna E Giordano	Karen L Henderson	Arina Kadam	Alejandra Lopez
Daniel P Giovenco	Donna M Henehan	Neha Kanade	Veronica Lopez
Christopher R Gipple	Whitney Henrie	Katayoun H Kashani	Kady A Luchetti
Cindy R Giron	Amanda J Henry	Christopher Steven Kaslin	Hailey Lusk
Marisa Gjini	Ashley E Henry	Rahmatu Kassimu	Tatjana M Lyons
Gretchen C Goetz	Candece Henry	Gabriella M Katana	Nicole Mabry
Phoebe K Goldberg	Megan Henry	Kelly Kavanaugh	Jessica M Manriquez
Dustin Golden	Michele L Henson	Ashley Rebekah Kearl Poore	Kristen Mar
Felicia Goldszlager	Griselda Hernandez	Emily C Keating	Theresa M Marandino
Leslie A Goodwin	Kaycee Hill	Deidre K Keefe	Allison W Marron
Richard J Gorski	Mary M Hills	Katelyn C Keimig	Casmir Martin
Lauren Gotham	Morgan K Hiser	Jaclyn M Kelley	Charley E Martin
Brittany M Grady	Stan W Hodgin	Lauren C Kelley	Hannah Martin
Madison E Graham	Erin L Hodson	Laura M Kellogg	James B Martin
Allee Grant	Ashley N Holbrook	Christine A Kelly	Michelle Y Martin
Candy R Grant	Ashley L Hollowell	Alyssa R Kennon	Monique L Martin
Megan L Grant	Laurie D Holt	Weston Kensinger	Andrea Louise Martinez
Natasha N Graves	Laura M Holweger	Cathleen E Kerman	Danielle D Martinez
William C Green	Eunjin Hong	Katie A Kerr	Michelle L Mason
Abigail M Greenwell	David A Horak	Michael J Keuler	Shermetria Massingale
Kristin L Grenz	Stephanie Hornston	Alisa R Keyes Wetzig	Amelia Mattocks
Bonnie L Grossarth	Megan Housenick	Leepao Khang	Sarah Matula
Nelson H Guadalupe	Rachel Howren	Azieb Kidanu	Heather L Mayer
Sonia Guzman	Jill C Hoxmeier	Lois Kim	Laurine N Mayson
Alison G Haegler	Dacia L Hudson	Maire G Kirley	Shondra R McCage
Alyssa A Hall	Melissa E Hudson	Kati J Klerekoper	Justin W Mcdermott
Ashley L Hall	Russell W Hudson	Danielle C Kodra	Ronnette McFarlane-Hopson
Tiffany N Hallacy	Amber R Huhndorf	Karly A Krouse	Daphne R McGee
Carly Hamburger	Meghan Hunt	Andrea Lamb	Jahniah A McGill

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Aileen R McKenzie	Keith W Oldham	Andrea Reams	Sarah J Sharp
Kelsey L McManimie	Devin A Ollinger	Kathryn E Redd	Paige L Sharpe
Elsbeth A McMullan	Kjersti Olson	Emily J Redovich	Kaitlyn S Shaw
Kelly L McPherson	Laurie A O'Neal	Diana M Reindl	Stephanie Sheakley
Stephanie J Mecham	Jessica L Orlando	Teka R. F. Reinhold	Kristina M Shelton
Rebecca Mendez	Ebony L Orr	Barbara J Resch	Amanda R Sherwood
Ashley L Merianos	Nancy C Ortiz	Adam Reszko	Alexandra L Shevach
Kailee B Miller	Ashley E Ottley	Carissa Rethemeyer	Meagan M Shipley
Lisa A Miller	Delrose Allison Ozeri	Elena F Reyes	Rebecca A Shoemaker
Annastasia H Mims	Michael K Paalani	Trenton J Ricci	Keshawn C Simmons
Kailynn P Mitchell	Jaina Pallasigui	Cindy A Richards-Myles	Sarah L Simons
Sara L Mitchell	Yyolany E Palma	Elise Richman	Desiree M Skelton
Katy L Modlin	Paula Palmer	Sarah K Riggs	Jessica B Skow
Jennifer K Moehling	Michelle Panneton	Robin A Rinker	Valerie M Slawinski
Chloe Mogel	Melissa J Papic	Luis A Rivera	Laurie A Slay
William A Montgomery	Brandee A Parker	Rebecca A Roberts	Essence M Smith
Katharine R Mooney	Jennifer A Patterson	Denise L Robinson	Misty Smith
Rachel C Moore	Rachel Pauli	Jamaica R Robinson	Neal J Smith
Adriana J Morales	Troxell Pautler	Jason Roche	Sara E Smith
Andrea P Moreno	Jolene W Pedersen	Tiffany A Rose	Sara J Smith
Jaclyn Morgenstern	Matthew G Peery	Elizabeth Rosenberg	Alexa A Smyser
Jaime L Morris	Jenelle J Penha	Emma Rosenbluth	Megan L Snow
Shanice S Morris	Maryjane C Penney	Brandy Rossiano	Rebecca A Solon
Tamekia D Mosley	Eboni M Peoples	Lacey Rowedder	Rachel R Soulek
Aubrey C Mowery	Elisabeth A Perin	Elizabeth F Runkle	Shaina J Sowles
Lauren E Mucker	Jessica L Peterson	Sarah Russell	Katherine R Sperberg
Roxanne Muiruri	Johnette H Peyton	Kristina Sabilona	Kiersten Sperry
Julie Mulligan	Laura B Pfefferkorn	Brenna Sacra	Margaret B Sproule
Tehani A Mundy	Lauren E Philp	Michelle G Salangsang	Laura E St. John
Terry Lyn Murray	Corrie S Phipps	Ebony Salmond	Sarah Meagan Staebell
Chad D Myler	Amanda E Pieper	Erica Sanford	Gina Stahla
Susannah E Naillon	Kelly A Pike	Whitney Z Sanjari	Whitney A Stanley
Kiren Nair	Michelle A Pinter-Petrillo	Paul Santos	Denise Starkey
Lenda K Narcisse	Sara S Plaspohl	Joan M Scacciaferro	Mindy Steadman
Elana R Navon	Kimberly J Plough	Anastasia O Scaturchio	Lindsay M Stewart
Elewechi D Ndukwe	Denise Pong	Rebecca Schiffers	Mallory E Stewart
Meredith Neel	Grace Ponsica	Leslie A Schmieder	Sandra L Stone
Alicia A Nelson	Shannon Portis	Magda K Schmitzberger	Christine Storm
Cristina E Nelson	Amanda J Posila	Rosa E Schofield	Kristin M Storzshuk
Kelly R Nelson	Aurora C Powell	Jared A Schultz	Chelsea R Stover
Megan A Nelson	Deanna M Powell	Kristin Scilipoti	Lindsay R Street
Michelle M Ness	Kristen A Poynter	Cassandra E Scott	Danielle M Suchar
Remmik K Nielson	Jacqueline E Prerost	Kimberly N Scott	Amelia Surcamp
Christen Norris	Ashley R Pryor	Nykita B Scott	Kacie E Svet
Rachael Novick	Elizabeth C Raine	Elena Sebekos	Erica L Swanger
Liesl Nydegger	Lauren J Ramos	Roxann Seepersad	Nicholas D Swisher
Bryanna K Nyenhuis	Lisa E Ramos	Carolyn Semar	Bernabeth K Sy Ho
Abby E Oberman	Kenya Q Rampersant	Stacy J Senick	Selam S Tadesse
Lindsay OConnell	Siera M Ramsey	Olivia M Seppi	Victoria L Taffe
Lisa M O'Connor	Padma Ravichandran	Katrina J Serrano	Chelsea V Takacs
Jenelle O'Donnell	Suzanne M Ray	Adam Shanks	La'Shelle D Tatum
Veronica I Oforlea	Jeffrey L Reamer Jr	Meghan D Sharp	

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Ayshe Tayfun  
 Darius D Taylor  
 T'Yana Taylor  
 Ha H Thiet  
 Caitlin E Thomas  
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**DENISE PONG**  
**MPH, CHES, CPH**

I graduated from Johns Hopkins University with a B.S. in Molecular Biology and a second major in Spanish in 2009. Having worked with the organization Amigos de las Américas on community development

projects in Mexico and Panama for three summers prior, I decided to take time off to work on additional development and health education projects in the Dominican Republic and Bolivia for a year while applying to MPH programs. I recently graduated from Columbia University Mailman School of Public Health in May with an MPH in Health Promotion. As part of my degree program, I completed a

**HIGH SCORER ON THE 2012 CHES EXAM**

practicum working on a community-based participatory research project to learn about health literacy issues in the Washington Heights neighborhood of Manhattan; the findings of this project will be used to inform community programs in the future.

In August, I will begin medical school at Duke University in the Primary Care Leadership Track. I hope to integrate public health and medicine to improve immigrant health. I have a strong interest in better understanding how acculturation influences health behaviors and felt that the CHES credential would serve me well in translating this understanding into both education and treatment programs that are better suited to addressing the health needs of the growing immigrant population in the United States.



# TRUMAN STATE UNIVERSITY'S CHES REQUIREMENT FOR GRADUATION

Written by: Janice Clark, EdD, MCHES



From its inception in 1995 as a new major at Truman State University in Kirksville, Missouri, Health Science students have been required to take the Certified Health Education Specialist (CHES) exam as in order to graduate. The first two Health

Science faculty members were both CHES certified and they designed the Truman health curriculum to meet the current professional standards and based the program on the Seven Areas of Responsibilities and related Competencies for Health Education Specialists. According to Carol Cox, PhD, MCHES, "We started at zero and set the bar to meet and exceed the CHES professional standards for what health education specialists need to know and be able to do."

Truman State University has a culture of assessment and requires all students to take an appropriate senior exit exam in their major. Truman has always paid for the Health Science students to take the CHES exam. Dr. Cox stated, "The CHES exam was an easy sell to Truman administrators. The accountability factor made sense."

Over the years, the Health Science curriculum at Truman has always been aligned with CHES and is maintained and revised to comply with the Health Education Job Analysis (HEJA)

Competencies and Sub-competencies. The full-time faculty members at Truman have always been CHES, with the eligible faculty now certified as MCHES, in order to model the highest standards of the profession to students.

Each of the health courses in the curriculum is carefully analyzed for opportunities to provide learning experiences and service learning opportunities to build the students' comfort level with the Competencies and Sub-competencies. These are introduced, reinforced, and emphasized throughout all the Health Science courses. The Truman health program is SAB-PAC approved through 2012, and is currently completing the self-study for re-approval.

Health education specialists are in demand in Missouri, at the county and state health department levels as well as in community health settings. The CHES Competencies and Sub-competencies provide excellent preparation for students as they apply for health positions and for graduate school. The first-time pass rate for Truman students is 90%, exceeding the national average.

The publication, *A Competency-based Framework for Health Education Specialists*, is the best reference for colleges and universities to use in aligning curriculum. For further questions about Truman State University's health curriculum alignment with CHES competencies, please contact Dr. Janice Clark at [jclark@truman.edu](mailto:jclark@truman.edu).



The **2012 NCHES BOC** met with staff for a face to face meeting in June 2012 at the Whitehall, Pa office.

Front (l-f) James McKenzie, Melissa Rehrig (staff), Denise Seabert, Blossom Paravattil (staff), Julie Luht, Suzette McClellan (vice-chair), Ellen Edmonds, and Deborah Fortune (treasurer). Back (l-f) William Chen (immediate past chair), Melissa Schmell (staff), Jan Cole (staff), Kellie Flannery (secretary), Beth Chaney (chair), and Charles Williams.

*Missing from the photo Stephen Gambescia, Tanya Cole (staff) and Linda Lysoby (staff).*



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