

OASIS SCHEDULE JANUARY - MAY

| | |
|-------------|-------------------------------------|
| January 2 | Personality Tests |
| January 9 | Understanding How God Made You |
| January 16 | Processing Thoughts and Feelings |
| January 23 | Spousal Differences |
| January 30 | Spousal Communication |
| February 6 | Supporting Your Spouse |
| February 13 | Valentine's Day Pre-Game |
| February 20 | Grief Cycle |
| February 27 | Depression and Anxiety |
| March 6 | Identity in Christ: His Beloved |
| March 13 | Anger Expression |
| March 20 | Managing Anger |
| March 27 | Moving Beyond Anger and Finding Joy |
| April 3 | Our Role in Prayer |
| April 10 | God's Role in Prayer |
| April 17 | Prayer in the Journey |
| April 24 | Forgiveness |

| | |
|--------|-----------------------------------|
| May 1 | Why Doesn't God Grant My Request? |
| May 8 | Living in the Wait |
| May 15 | Decision Making |
| May 22 | Lamenting |
| May 29 | Community |