

## Assemble comfort items for seniors, families, and babies

Host a collection project at your workplace, church, civic group, or just put together a bag or two. Senior gift bags are delivered to our Meals on Wheels clients on their birthdays and holidays like Mother's Day and Father's Day. A small inventory of adult and baby packs is kept for families who visit Emergency Services seeking assistance.

### For more information:

**INDIVIDUALS AND GROUPS**, contact Candice Ivy at (901) 529-4535 or civy@mifa.org.

**CORPORATIONS**, contact Angela Bledsoe at (901) 529-4571 or abledsoe@mifa.org.

**CONGREGATIONS**, contact Linda Marks at (901) 529-4560 or lmarks@mifa.org.

Please **assemble items** in a decorative 11" x 14" paper bag, a tote, or backpack for portability, and deliver to MIFA, 910 Vance Avenue, Monday through Friday between 8:30 a.m. and 4:00 p.m. The receptionist will accept your donation and provide a gift receipt.

**NOTE:** While all items are not required, we request that each package contain at least eight of the items listed.

### Senior care packages

- Socks - REGULAR OR NON-SKID
- Stationery
- Pens/pencils
- Postage stamps
- Winter caps
- Sweaters, blankets
- Tee shirts
- Mittens or gloves
- Games - CARDS, PUZZLES, CROSSWORD PUZZLES, DOMINOS
- Lotion
- Flashlights
- Toiletries - IN ORIGINAL PACKAGING
- Tissues

**No candy, food, or razors**

### Adult care packages

- Canned proteins  
VIENNA SAUSAGE, TUNA, CHICKEN,  
BEANS, ALMONDS
- Fruit cup or applesauce
- Toothbrush - IN ORIGINAL PACKAGING
- Toothpaste
- Granola bars OR OTHER  
INDIVIDUALLY WRAPPED TREATS
- Feminine hygiene products
- Soap
- Deodorant
- Shaving cream
- Shampoo

### Baby packs

- Disposable diapers
- Bib or burp cloth
- Socks
- Hat
- Small blanket
- Ready-to-use formula  
IN SCREW-CAP CONTAINER
- Jars of cereal, fruits,  
vegetables WITH SMALL SPOON
- Infant juice or juice boxes
- Baby bottle or sippy cup
- Baby lotion
- Baby wipes
- Diaper cream
- Vaseline
- Small toys or books