



CHRISTMAS FOOD DRIVE

THROUGH DECEMBER 18

During the holidays, food needs for families rise because children are home for two weeks during the Christmas holidays. Help these children and their families have healthy food available during the holidays. Drop off the “shopping list” items in the Missions Collection Carts. You may also volunteer to assist with the distribution to local shelters and ministries.

December SHOPPING LIST

- Meals in a can (stew, chili, soup)
- Tuna and canned meat
- Peanut butter
- Low-sugar cereals
- 100% fruit juice (single servings/boxes)
- Canned fruit packed in juice
- Canned vegetables
(NO GREEN BEANS PLEASE!)
- Low sugar snack foods
(fruit/granola bars, whole wheat crackers)

