



June/July 2018



Summer Breakfast

Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

- SummerMealsNDS
- SummerMealsNDS
- SummerMealsNDS

www.nutritionaldevelopmentservices.com

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
<u>Breakfast Not Served</u>	328 Chocolate Chip Muffin 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup	370 Apple Fruit Pocket 753 Orange Juice 696 Raisins	329 Trix Cereal Bar 750 Apple Juice 670 Fresh Fruit	367 Cinnamon Raisin Bagel 748 Grape Juice 697 Sliced Apples
25	26	27	28	29
323 Apple Cinnamon Muffin 752 Fruit Punch Juice 647 Dole Mandarin Orange Cup	309 Apple Jammer Stick 753 Orange Juice 670 Fresh Fruit	359 Honey Scooters Cereal 670 Fresh Fruit 631 Cherry Star Vegetable Juice	369 Mini French Toast- Berry Blast 749 Apple Cherry Juice 670 Fresh Fruit	366 Blueberry Bagel 689 Orange Mango Applesauce 750 Apple Juice
2	3	4	5	6
334 Cinnamon Toast Crunch Cup 670 Fresh Fruit 752 Fruit Punch Juice	327 Maple Mini Waffles 609 Dole Mixed Fruit Cup 749 Apple Cherry Juice	<u>Independence Day</u>	304 Cinnamon Bagel-ful 612 Bagged Grapes & Apples Slices 753 Orange Juice	313 Rebel Apple Delight Crumble 670 Fresh Fruit 750 Apple Juice
9	10	11	12	13
334 Cinnamon Toast Crunch Cup 749 Apple Cherry Juice 670 Fresh Fruit	328 Chocolate Chip Muffin 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup	370 Apple Fruit Pocket 753 Orange Juice 696 Raisins	329 Trix Cereal Bar 750 Apple Juice 670 Fresh Fruit	367 Cinnamon Raisin Bagel 748 Grape Juice 697 Sliced Apples
16	17	18	19	20
323 Apple Cinnamon Muffin 752 Fruit Punch Juice 647 Dole Mandarin Orange Cup	309 Apple Jammer Stick 753 Orange Juice 670 Fresh Fruit	359 Honey Scooters Cereal 670 Fresh Fruit 631 Cherry Star Vegetable Juice	369 Mini French Toast- Berry Blast 749 Apple Cherry Juice 670 Fresh Fruit	366 Blueberry Bagel 689 Orange Mango Applesauce 750 Apple Juice



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23	24	25	26	27
334 Cinnamon Toast Crunch Cup 670 Fresh Fruit 752 Fruit Punch Juice	327 Maple Mini Waffles 609 Dole Mixed Fruit Cup 749 Apple Cherry Juice	350 Apple Cinnamon Cheerios Bar 670 Fresh Fruit 748 Grape Juice	304 Cinnamon Bagel-ful 612 Bagged Grapes & Apples Slices 753 Orange Juice	313 Rebel Apple Delight Crumble 670 Fresh Fruit 750 Apple Juice
30	31	1	2	3
334 Cinnamon Toast Crunch Cup 749 Apple Cherry Juice 670 Fresh Fruit	328 Chocolate Chip Muffin 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup	370 Apple Fruit Pocket 753 Orange Juice 696 Raisins	329 Trix Cereal Bar 750 Apple Juice 670 Fresh Fruit	367 Cinnamon Raisin Bagel 748 Grape Juice 697 Sliced Apples
6	7	8	9	10
323 Apple Cinnamon Muffin 752 Fruit Punch Juice 647 Dole Mandarin Orange Cup	309 Apple Jammer Stick 753 Orange Juice 670 Fresh Fruit	359 Honey Scooters Cereal 670 Fresh Fruit 631 Cherry Star Vegetable Juice	369 Mini French Toast- Berry Blast 749 Apple Cherry Juice 670 Fresh Fruit	366 Blueberry Bagel 689 Orange Mango Applesauce 750 Apple Juice
13	14	15	16	17
334 Cinnamon Toast Crunch Cup 670 Fresh Fruit 752 Fruit Punch Juice	327 Maple Mini Waffles 609 Dole Mixed Fruit Cup 749 Apple Cherry Juice	350 Apple Cinnamon Cheerios Bar 670 Fresh Fruit 748 Grape Juice	304 Cinnamon Bagel-ful 612 Bagged Grapes & Apples Slices 753 Orange Juice	313 Rebel Apple Delight Crumble 670 Fresh Fruit 750 Apple Juice
20	21	22	23	24
334 Cinnamon Toast Crunch Cup 749 Apple Cherry Juice 670 Fresh Fruit	328 Chocolate Chip Muffin 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup	370 Apple Fruit Pocket 753 Orange Juice 696 Raisins	329 Trix Cereal Bar 750 Apple Juice 670 Fresh Fruit	367 Cinnamon Raisin Bagel 748 Grape Juice 697 Sliced Apples



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
227 BBQ Chicken & Cheese Wrap 752 Fruit Punch Juice 611 Baby Carrots 540 Garlic Hummus 932 Scooby Snacks 2412	247 Italian Sandwich 697 Sliced Apples 602 Red Bliss Potato Salad With Turkey Bacon 631 Cherry Star Vegetable Juice 2435	205 Popcorn Chicken 670 Fresh Fruit 708 Romaine with Spinach & Chickpeas 931 WG Animal Crackers 2410	239 Turkey Bologna Sandwich 635 Calypso Crush Vegetable Juice 621 Celery Sticks 696 Raisins 117 Soy Butter Cup 2420	410 Cheese Sandwich on Wheat Bread 670 Fresh Fruit 631 Cherry Star Vegetable Juice 620 Salsa Cup 941 Tostitos Scoops 2436
25	26	27	28	29
239 Turkey Bologna Sandwich 670 Fresh Fruit 631 Cherry Star Vegetable Juice 990 WG Chocolate Chip Cookie 2420	205 Popcorn Chicken 749 Apple Cherry Juice 611 Baby Carrots 546 Cheesy Pizza Hummus 928 Goldfish Pretzels 2410	250 Torpedo Sandwich 648 Orange Wedges 601 Honey Dijon Potato Salad 631 Cherry Star Vegetable Juice 2429	249 Italian Whole Wheat Sub 750 Apple Juice 706 Romaine Salad with Cherry Tomatoes 936 WG Vanilla Bear Grahams 2437	261 Soy Butter & Jelly Sandwich 697 Sliced Apples 635 Calypso Crush Vegetable Juice 541 Chocolate Hummus 932 Scooby Snacks 2433
2	3	4	5	6
242 Deli Wedge Sandwich 752 Fruit Punch Juice 611 Baby Carrots 540 Garlic Hummus 2415	248 Breaded Chicken, Turkey Pepperoni & Mozzarella on A Bun 696 Raisins 602 Red Bliss Potato Salad With Turkey Bacon 631 Cherry Star Vegetable Juice 2438	<u>Independence Day</u>	239 Turkey Bologna Sandwich 688 Plain Applesauce 703 Wango Mango Vegetable Juice 992 WG Oatmeal Cookie 2420	409 WG 3 Cheese Panini 670 Fresh Fruit 631 Cherry Star Vegetable Juice 550 White Bean French Onion Dip 941 Tostitos Scoops 2439
9	10	11	12	13
227 BBQ Chicken & Cheese Wrap 752 Fruit Punch Juice 611 Baby Carrots 540 Garlic Hummus 932 Scooby Snacks 2412	247 Italian Sandwich 697 Sliced Apples 602 Red Bliss Potato Salad With Turkey Bacon 631 Cherry Star Vegetable Juice 2435	205 Popcorn Chicken 670 Fresh Fruit 708 Romaine with Spinach & Chickpeas 931 WG Animal Crackers 2410	239 Turkey Bologna Sandwich 635 Calypso Crush Vegetable Juice 621 Celery Sticks 696 Raisins 117 Soy Butter Cup 2420	410 Cheese Sandwich on Wheat Bread 670 Fresh Fruit 631 Cherry Star Vegetable Juice 620 Salsa Cup 941 Tostitos Scoops 2436
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