



SEPTEMBER



	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
<i>the- Classics</i>	No School	BBQ Sandwich Baked Beans Mashed Potatoes Potato Salad/Slaw	Jalapeno Popper Cheesy Chicken Mashed Potatoes Black Beans Corn on Cob	Beef Brisket Broccoli & Cheese Au Gratin Potatoes Pinto Beans	Friday Fish Fry Hushpuppies & Slaw Pasta Marinara
<i>Healthy edge</i>		Grilled Chicken Tenders	Lemon Pepper Tilapia	Caribbean Jerk Chicken & Rice	American Blue Plate Special
BOWL <i>You OVER</i>		 <i>Basmati Bowl</i>		<i>Tuscan Bowl</i> 	 
Grill Feature		Boneless Wings & Spicy Fries	Waffle Fries	Mozzarella Sticks & Crinkle Cut Fries	Fries
	10	11	12	13	14
<i>the- Classics</i>	Salisbury Steak Mashed Potatoes Very Green Beans Buttery Squash & Carrot Blend	Chicken Bacon Veggie Pasta Edamame Baby Carrots Red Potatoes	Taco Salad Spanish Rice Refried Beans Creamy Jalapeno Corn	Poppy Seed Chicken Lima Beans Gold Potatoes Steamed Zucchini	Friday Fish Fry Hushpuppies & Slaw Macaroni & Cheese
<i>Healthy edge</i>	Herb Roasted Cod	Sheperd's Pie	Chicken Tacos	Pepper Steak and Broccoli	American Blue Plate Special
BOWL <i>You OVER</i>	<i>Rice Bowl</i> 	<i>Rice Bowl</i> 		<i>Tuscan Bowl</i> 	 
Grill Feature	Fried Ravioli & Shoestring Fries	Boneless Wings & Spicy Fries	Waffle Fries	Mozzarella Sticks & Crinkle Cut Fries	Fries
	17	18	19	20	21
<i>the- Classics</i>	Crispy Cheddar Chicken Vegetable Medley Creamy Garlic Parmesan Brussel Sprouts Crispy Red Potatoes	Jambalaya Fried Green Tomatoes Okra Whole Kernel Corn	Country Fried Steak Northern Beans Mashed Potatoes Vegetable Medley	Sweet & Sour Chicken Vegetable Fried Rice Stir Fry Egg Roll	Friday Fish Fry Hushpuppies & Slaw Penne Alfredo
<i>Healthy edge</i>	Italian Sausage Gnocchi	Cod Fish with Creole Cream Sauce	Honey Garlic Chicken Legs	General Tso's Steak	American Blue Plate Special
BOWL <i>You OVER</i>	<i>Quinoa Bowl & Basmati Bowl</i> 	<i>Quinoa Bowl & Basmati Bowl</i> 		<i>Tuscan Bowl</i> 	 
Grill Feature	Fried Ravioli & Shoestring Fries	Boneless Wings & Spicy Fries	Waffle Fries	Mozzarella Sticks & Crinkle Cut Fries	Fries
	24	25	26	27	28
<i>the- Classics</i>	Meatloaf Mashed Potatoes Green Beans Cream Corn	Baked Spaghetti Italian Vegetables AuGratin Potatoes Lima Beans	Perfect Pork Cutlets and Grits Baked Apples Collard Greens Pinto Beans & Corn Bread	Taco Mac Corn on Cob Black Beans Broccoli	Friday Fish Fry Hushpuppies & Slaw Cheese Tortellini
<i>Healthy edge</i>	Parmesan Crusted Tilapia	Pasta Primavera	Lemon Herb Chicken & Potatoes	Cilantro Lime Chicken	American Blue Plate Special
BOWL <i>You OVER</i>	<i>Quinoa Bowl & Rice Bowl</i> 	<i>Quinoa Bowl & Rice Bowl</i> 		<i>Tuscan Bowl</i> 	 
Grill Feature	Fried Ravioli & Shoestring Fries	Boneless Wings & Spicy Fries	Waffle Fries	Mozzarella Sticks & Crinkle Cut Fries	Fries