



	Monday	Tuesday	Wednesday	Thursday	Friday
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<b>the- Classics</b> <b>Healthy edge</b> <b>BOWL You OVER</b> <b>Grill Feature</b>	<b>Celebrate Catholic Schools Week 2019</b> January 27 – February 2 #CSW19				Friday Fish Fry Hushpuppies & Slaw Pasta Marinara  <b>American Blue Plate Special</b>  Fries
	4	5	6	7	8
<b>the- Classics</b> <b>Healthy edge</b> <b>BOWL You OVER</b> <b>Grill Feature</b>	Poppy Seed Chicken Lima Beans Mashed Potatoes Buttery Squash  <b>Eagle Burger</b> Fried Ravioli & Shoestring Fries	<b>CHINESE NEW YEAR</b> <b>Chicken Lo Mein Bowl</b> Mozzarella Sticks & Crinkle Cut Fries	Taco Salad Spanish Rice Refried Beans Creamy Jalapeno Corn  <b>Chicken Tacos</b> Waffle Fries	Parmesan Crusted Chicken Cheese Tortellini Baby Bakers Italian Veggies  <b>Lemon Pepper Tilapia</b> <b>Tuscan Bowl</b> Grilled Cheese & Crinkle Cut Fries	Friday Fish Fry Hushpuppies & Slaw Macaroni & Cheese  <b>American Blue Plate Special</b> Fries
	11	12	13	14	15
<b>the- Classics</b> <b>Healthy edge</b> <b>BOWL You OVER</b> <b>Grill Feature</b>	Jambalaya Black Beans Fried Green Tomato Roasted Potato & Veggie Blend  <b>Quinoa Bowl &amp; Basmati Bowl</b> Fried Ravioli & Shoestring Fries	John Wayne Casserole Whole Kernel Corn Okra & Cherry Tomato Blend Spanish Rice  <b>Cajun Chicken Breast</b> <b>Tuscan Bowl</b> Eagle Nuggets & Spicy Fries	Country Fried Steak Green Beans Mashed Potatoes Vegetable Medley  <b>Honey Garlic Chicken Legs</b> Waffle Fries	<b>Sweetheart's Ground Sirloin Steak</b> <b>Swedish Meatballs &amp; Spaghetti</b> <b>Baked Potato</b> <b>&amp; more.</b> <b>Roasted Red Quinoa Bowl</b>	Friday Fish Fry Hushpuppies & Slaw Pasta Marinara  <b>American Blue Plate Special</b> Fries
	18	19	20	21	22
<b>the- Classics</b> <b>Healthy edge</b> <b>BOWL You OVER</b> <b>Grill Feature</b>		<b>Chicken Enchilada's</b> <b>Honey Baked Apples</b> <b>Steak Fries</b> <b>Steamed Broccoli</b> <b>Fish Tacos &amp; Slaw</b>  <b>Quinoa Bowl &amp; Basmati Bowl</b> Mozzarella Sticks & Crinkle Cut Fries	<b>Beef Stew</b> <b>Baby Bakers</b> <b>Baby Carrots &amp; Sweet Peas</b> <b>Corn Meal Muffins</b> <b>Turkey Chili</b>  Waffle Fries	<b>Chicken Pot Pie</b> <b>Mashed Potatoes</b> <b>Lima Beans</b> <b>Macaroni &amp; Cheese</b>  <b>Parmesan Crusted Tilapia</b> <b>Tuscan Bowl</b> Grilled Cheese & Crinkle Cut Fries	Friday Fish Fry Hushpuppies & Slaw Penne Alfredo  <b>American Blue Plate Special</b> Fries
	25	26	27	28	
<b>the- Classics</b> <b>Healthy edge</b> <b>BOWL You OVER</b> <b>Grill Feature</b>	TaterTot Casserole Diced Potatoes Vegetable Medley Northern Beans  <b>Grilled Chicken Tenders</b> <b>Quinoa Bowl &amp; Basmati Bowl</b> Fried Ravioli & Shoestring Fries	Chicken Spaghetti Whole Kernel Corn Garlic Bread & Vegetable Medley Twice Baked Potato  <b>Oven Fried Cod</b> <b>Quinoa Bowl &amp; Basmati Bowl</b> Eagle Nuggets & Spicy Fries	Salisbury Steak Mashed Potatoes Blackeye Peas Vegetable Blend  <b>Herb Tilapia</b> Waffle Fries	BBQ Pulled Pork Potato Salad Baked Beans Steamed Broccoli  <b>Cajun Chicken Breast</b> <b>Tuscan Bowl</b> Grilled Cheese & Crinkle Cut Fries	