



Conventional wisdom — and now science — tells us that young people do not automatically and abruptly turn into full-fledged adults in their late teens. Forget the maturity milestones of 18 and 21. According to experts, the journey toward adulthood is so long and complex that some individuals may not attain a full-fledged adult status or skill set until age 30.

Source: <http://www.aecf.org/m/resourcedoc/AECF-theAdolescentBrain-2011.pdf>