

# CARE PACKAGES

You can help MIFA provide critical assistance to families in need! When clients come to MIFA's Emergency Services, they often need help getting back on their feet after a setback or disaster. Sometimes the needs are immediate and extremely basic, and your contributions can meet those needs! MIFA Care packages are provided to homeless, transient or indigent clients to help them through the day while they access other services such as shelters or soup kitchens.

For this volunteer experience, simply choose the package your group would like to collect and encourage everyone to participate. You will need collection boxes in your office for contributions. You may decide to even go a step further and assemble the care packages in individual, ready-to-use bags. Please be sure to label each bag and remember that all items must be new and in their original packaging.

Contribution incentives such as casual days, pizza parties or ice cream socials might spur people into action! Be sure to take plenty of pictures. MIFA will include these pictures on our website or in the *Hope In Action* newsletter!

## Baby Care Package

Disposable diapers, 4 packs each  
Ready-to-use formula in screw-cap container  
Infant juice, 4-6 oz. cans  
Jars of infant fruits and vegetables  
Baby bottles  
Baby lotion (travel size)  
Baby wipes (travel size)  
Baby powder (travel size)  
Baby wipes (travel size)

\* Please indicate on package the diaper size and type of formula—soy or iron.

## To-Go Meals

Canned Vienna sausage, tuna, or chicken\*  
Pork & beans\*  
Fruit cup or applesauce\*  
Granola bar or individually wrapped  
sweet treat

\*Single-serving, easy-open cans

## Adult Care Package

Toothbrushes  
Toothpaste\*  
Soap  
Deodorant  
Men's shaving cream\*  
Set of razors  
Feminine hygiene products\*  
Shampoo\*

\*Travel size



If you have any questions or need additional information, please contact Emily Sharpe at (901) 529-4560 or [esharpe@mifa.org](mailto:esharpe@mifa.org).